



2019 Eastlink Centre Triathlon Event Schedule

Package Pick-Up

Saturday, September 7th
1:00 p.m. - 8:00 p.m.
Eastlink Centre - Westkey Kiosk

-OR-

Sunday, September 8th
7:00 a.m. - 7:30 a.m.
Eastlink Centre - Westkey Kiosk

Red Rock Carb Load Dinner

Saturday, September 7th
6:00 p.m. - 8:00 p.m.
Eastlink Centre - Field House
Free for Registered Participants, \$20 for Spectators

Bike & Helmet Inspection

Sunday, September 8th Before Race
ANSI Approved Helmets are **Mandatory**

Triathlon Race Day

Sunday, September 8th
Transition Area opens at 7:00 a.m. for Bike Drop Off

Sprint/Team/Try-a-Tri/Draft Legal Series

Athletes Check-in for bike and helmet check and to receive timing chips
7:00 a.m. - 7:30 a.m.
Eastlink Centre - Field House

Pre-Race Meeting

7:30 a.m. - 7:45 a.m.
Eastlink Centre - Field House

Draft Legal Races Begin

7:45am

Race Begins

8:00 a.m.

Adult Award Ceremony

10:00 a.m. - 10:30 a.m.
1st Place Male & Female in Each Category
1st Place Team
1st Place Age Groups

Kids of Steel Race Day

Sunday, September 8th
Transition Area opens at 10:30 a.m. for Bike Drop Off

Kids of Steel

Check-in for bike and helmet check and to receive timing chips
10:30 a.m. - 11:00 a.m.
Eastlink Centre - Field House

Kids of Steel Pre-Race Meeting

11:00 a.m. - 11:15 a.m.
Eastlink Centre - Field House

Kids of Steel Race Begins

11:30 a.m.

Kids of Steel Award Ceremony

1:30 p.m. - 2:00 p.m.

1st Place Male & Female in Each Category

Finish Line on the Ring Road behind the Aquatic Area (outdoor transition area)

****All race times are subject to change. Times will be confirmed at the Pre-Race meeting.****